

Dear Seaford Karate Club member.

Upcoming Karate Calendar Dates:

24 th September 2012	ASKA Pre-grading	Birmingham
8 th October 2012	Photo night	Seaford
20 th October 2012	ASKA Panel Grading	Birmingham
21 st October 2012	Simon Oliver course	Bexhill
24 th October 2012	Seaford Club Grading	Seaford
16 th December 2012	Club Championships	Annecy School, Seaford
3 rd March 2013	BASK Tournament	London

Club grading cost £10 to grade + £3 for a new belt if you are successful.

Make sure your Licence is up to date. – See Sensei Angie



Monday 8th October 2012 we will be having the annual Seaford Karate Club Photo night. Please make sure you are all there, looking your very best. Do not be late or you will miss out. Try to be there from 6.45pm. There will still be the usual training classes before and afterwards. Our photographer will be there at 7pm to take a BIG group photo with all the members of the club from juniors up to seniors. Black Belts please bring your hoodies. If you ask we can organise family photos, groups, friends or with Sensei. Just ask! We will have official prints for sale within a few weeks, A4 size in full colour for £4.00 each.

Sensei Simon Oliver 6th Dan will be coming down to our friends at the SSKD Shotokan karate club in Bexhill-on-Sea on Sunday 21st October 2012. Senior grades please make an effort to get over and train with him. He is teaching three sessions - £10 for one or £20 for two or more. Great value. See http://sskd.org.uk/html/simon_oliver_course.html

We will be making an order for Karate Hoodies. Order must be in by the last week in October 2012. Black Hoodies with your initials on the front with Seaford logo also on front and back. Cost £25. Please ask Sensei Martin about sizes. 'Ideal Christmas present'.

Seaford Karate Club Party & Club Championship is on Sunday 16th December 2012 to be held at Annecy School, Sutton Road, Seaford, BN25 4LF. Events start at 4.00pm and should be finished about 8.00pm. Individual Kata, Pairs Kata, Individual Kumite and loads of fun and games. Lots of prizes to win and Member of the Year Award for novice children, junior children and Adults. Cost £10 per person to enter for one event or all events and all games. All spectators FREE. Bring your family along to watch. Food and Drink available to buy.

Last training session is Wednesday 19th December. Back training on Monday 7th January 2013.

Sensei Martin Dean 5th Dan – 07812 381 877

www.seafordkarate.org.uk